



EL HERALDO DE CORTINAS

★ AUGUST 2011 ★

CORTINAS
RESTAURANTE DE COPAS



YOUR SUMMER STARTS AT
CORTINAS!
60 DAYS OF SUMMER
ENJOY THE SUMMER
SEASON TO THE FULLEST
AND LET CORTINAS SHOW
YOU SOME LOVIN'!

Follow us on Twitter &
Facebook for daily
giveaways during
August.



WELCOME TO CORTINAS.....

While living in San Francisco, one of my favourite things to do was brunch on a weekend morning. Brunch is a classic American tradition and is something I cannot do without since I returned to Ireland.

In July we decided to launch our brunch menu, "Mexican Style", of course! And I'm delighted to say it has been a great success. Huevos Rancheros, has to be my favourite which literally means "ranch eggs" and is a Mexican tradition of eating eggs and chilies for breakfast. We decided to add bacon to this traditional dish, which gives it a great Irish twist.

Accompanied with our spicy Sangrita (Mexican Bloody Mary) makes it the perfect hangover cure!

We're looking forward to a busy August and we're excited to share with you some of our new specials and events - here's hoping we'll get a little sunshine!

And as always we look forward to seeing you at Cortina's soon.

Saludos,

Terry



SAVE THE DATE
UPCOMING
EVENTS!

CERVEZA [BEER] TASTING NIGHT
TUESDAY AUGUST 16TH
7.00pm till late.

Join us for a fun night of beer tasting & sample a variety of delicious and unusual beers. €9 per person includes your favourite beer & botanas (Mexican tapas)

★
CORTINAS SPECIALS ★

SALSA LATIN PARTY NIGHT,
★ **FRI SEPT. 9TH** ★

LIVE MUSIC, DRINK AND FOOD PROMOTIONS

★
MEXICAN ★
★ **INDEPENDENCE DAY** ★

EL GRITO! FRI SEPT. 16TH

MEXICAN PROVERB

A Dios rogando y con el mazo dando

Pray to God and swing a hammer

CORTINAS
SIESTA MENU

Enjoy a Botanas (Mexican tapas) with a Side Order and Soda (unlimited free refills)
for just €9.95

Mon - Fri: 12.00 - 6.00pm

HEALTHY MEXICAN FOOD

Ceviche ("seh-bee-chay)

Ceviche is a hugely popular dish in Mexico & South America which is nutritious, healthy and light. It is made of thinly carved, bite sized pieces of fresh fish. These slivers are cured in an acidic juice, such as lime or lemon. The juice alters the textures and structure of the fish, making the meat firm and ready to eat. There are many different kinds of ceviche and you can go wild on elaborating on this basic idea, using all types of seafood, some even add a dash of tequila.

Ceviche is best served piled high on corn tortilla chips.

Ceviche is not cooked with heat, so using fresh top-quality fish is essential.

SALMON CEVICHE WITH APPLE AND CUCUMBER



Serves 6

INGREDIENTS

- 12 oz best quality salmon
- Salt
- 5 tbsp fresh lime juice
- 4 tbsp fresh lemon juice
- 1 tbsp minced Serrano Chile
- Half a medium cucumber, peeled, seeded and diced to ¼ inch
- 1 Roma tomato cored and diced to ¼ inch
- 1/3 cup red onion, diced to ¼ inch
- ¼ cup tart green apple, peeled and diced to ¼ inch
- 1/3 cup coriander, chopped

Cut salmon into small cubes, about 3/8 inch square. Place the salmon in a glass bowl and stir in 1½ teaspoons of salt, 5 teaspoons of the lime juice, the lemon juice and minced chilies. Cover and refrigerate for 15 to 30 minutes.

Stir in the remaining ingredients, taste for salt and lime and add more if needed.

EAT IMMEDIATELY.

UPCOMING DUNDRUM EVENTS

★ **AUGUST 3RD TO 17TH** - **FREE** Open-air Cinema in Pembroke Square every Wednesday from 5pm and 7pm – seating is provided Cortina's will deliver food & drink to Open-Air Cinema.
Mojitos, Margarita Ice Pops & more...perfect!

★ **AUGUST 6TH TO 21ST** - **FREE** children's entertainment every Saturday & Sunday from 12pm to 4pm in Pembroke Square.
Circus skills, music and magic shows for all ages.

★ **WED AUGUST 10TH** - **The Smurfs Movie 3D** Opening Day.
Where the smurf will you be!!

★ **WED AUGUST 24TH** - **The Dundrum Summer Closing Gala Night:**
Live Music from 6.30pm in the Pembroke Square

MEET OUR STARS!

Miguel joined Cortina's in March 2010. He is originally from Mauritius..

Tell us a little about your home in Mauritius?

Mauritius is a small island but it has nice weather and the beaches are so beautiful, I like to stay there forever. Me, I live in the east coast of the island in the small village named Anse Jonchee.

What is your favourite food, the stuff you can't say no to?

I love to eat fish because in Mauritius my mum always cooks fish.

What was your most rewarding moment working at Cortina's?

When I start to work at the kitchen pass, I try to improve myself to work better as I want to become a chef.

Which of Cortina's salsa's best captures your personality?

Me personality I like Salsa Roja, because it reminds me of home, beautiful and hot!



MEXICAN FOOD AND CULTURE

TEQUILA

The Irish are drinking and enjoying more tequila these days, which is in part due to a new appreciation and also the availability of good quality spirits.

So before you order any old tequila, it helps to have a little background knowledge. Tequila is produced in the volcanic hills of the Jalisco region in Mexico, where only the blue agave plant is used to distill tequila. Good quality tequila should have a clean edge, and you should be able to smell the plant, a robust almost bitter scent.

Blanco is bottled directly after distillation and is sharp, earthy and strong, best used in cocktails as it can carry flavours well.

Reposado is aged for two months in oak barrels and is more subtle in flavour, drink it straight or in a mixed cocktail.

Anejo is aged for at least one year and is the granddaddy of Tequila; it is much lighter and more versatile in flavour, developing a smoother palate. Generally, most reposados and all anejos would be overpowered in a cocktail and should be enjoyed straight up or on the rocks.

Cortina's stocks over 50 different types of tequila for you to explore

CORTINA'S TASTING NIGHT

TEQUILA



FASHION, BEAUTY & STYLE



THE SUMMER OF YELLOW



Choose yellow if you are not afraid of showing off a little style attitude. Explore this fabulous and colourful hue of the summer season and feel free to adopt a hint or top to toe look.

Try acid yellow talons! Mimosas by Chanel (€21 Harvey Nichols & House of Fraser)

Super, citric tones will look amazing against a faux or natural tan this summer. If it's good enough for Gwen Stefani ladies, it's good enough for us!

Oasis "New Vintage Collection"

lemon floral tea dress (Oasis, €69) encapsulates the modern Vintage of 2011. Think Elizabeth Taylor in 50's iconic film "A Place

in the Sun" with this fantastic figure-enhancing feminine style to see you through the warm days to superb early evening cocktails and more at Cortina's Cocktail Bar and Restaurant.

Remember gals, the right embellishments and ability to accessorize are invaluable skills of any stylish naughty lady and can elevate even the most casual look. Don't be afraid to mix and match natural and earthy accessories with the colour of the season...the more striking the better.

Get it right and create good times!!!



CORTINAS DRINK OF THE MONTH



MEXICAN MOJITO

The mojito is so sexy and light that it would be a shame not to adapt it to the Mexican version. Tequila is a lot more versatile than you might think and is perfect with the burst of mint and sweetness of sugar. Get your summer on with a Mexican Mojito!

WHAT PEOPLE ARE SAYING ABOUT US!



I'm giving Cortina's top marks on all categories as I really enjoyed everything about it. We had a twenty minute wait for a table so we sat at the bar and had a margarita while we waited. The margaritas at Cortina's are absolutely delicious and made me glad we'd had to wait to be seated! July 2011 menupages.ie

Ate here last week, and was very impressed. Had tortilla chips and the spicy salsa Roja to start, the salsa was delicious and the tortilla chips seasoned perfectly. June 2011
- menupages.ie



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WANT TO HOST AN EVENT OR
BIRTHDAY PARTY?
CUSTOMISED FOOD AND
PARTY PACKAGES
AVAILABLE.
CONTACT SEAN ON 01 2164668

WHAT HAPPENS IN CORTINAS STAYS IN CORTINAS

Pembroke District, Dundrum Town Centre, D16
T: 01 2164668, E: info@cortinas.ie
Web: Cortinas.ie
Follow us on Twitter/Facebook
Hours: Sun-Thur 12 - 10pm Fri-Sat 12 - 11pm