



EL HERALDO DE CORTINAS



SEPTEMBER 2011

CORTINA'S
RESTAURANTE DE COPAS

EL GRITO

MEXICAN INDEPENDENCE DAY

FRI SEPT. 16TH FROM 5PM
BBQ, FREE BEER, LIVE MUSIC,
DRINK AND FOOD PROMOTIONS

Follow us on Twitter & Facebook for giveaways during September.



CORTINAS SPECIALS

HAPPY MONDAYS

BUY ONE GET ONE FREE ALL DAY,
EVERY MONDAY AT CORTINAS

MARGARITA, BLUE MOON BEER

TACO LOCO TUESDAY

...MMM ALL YOU CAN EAT TACOS...
ALL DAY, EVERY TUESDAY

FOR JUST €21

WELCOME TO CORTINA'S.....

This month at Cortina's we are celebrating **El Grito - Mexican Independence Day**.

El Grito, "The Cry" is the most important national holiday observed in Mexico.

And to celebrate it on Friday the 16th we are giving away a bottle of Sol Beer to every customer who comes into Cortina's and shouts "Viva Mexico" (Limited to the first 100 customers)

If you come along for a free beer make sure to try our outdoor BBQ grilled specials, drink and food

promotions. There will be a Mariachi band and salsa dancing, perfect for getting into that Mexican party spirit. We want as many people as possible to join in the celebrations, so make sure to tell your friends it's fiesta time at Cortina's

We're looking forward to seeing you at Cortina's soon; we'll have the beers on ice!

Saludos,

Terry

MEXICAN PROVERB
A FALTA DE PAN, TORTILLAS
IN THE ABSENCE OF BREAD, TORTILLAS WILL DO



SAVE THE DATE UPCOMING EVENTS!

- * Fri. Sept 9th - **SALSA LATIN PARTY**
Obsession Salsa Band Live, drink & food promotion from 9pm
- * Fri Sept 16th - **EL GRITO**
Mexican Independence Day Celebrations: BBQ, Mariachi Band, Salsa Dancing, **FREE BEER**, food and drink promotions from 5pm

CORTINAS SIESTA MENU

Enjoy a Botanas (Mexican tapas) with a Side Order and Soda (unlimited free refills)
for just €9.95
Mon - Fri: 12.00 - 6.00pm

HEALTHY MEXICAN FOOD

STREET TACOS

Taco stands dot the roadsides and street corners of every Mexican town and it can be very difficult to pass by them with the wonderful smell of "carne asada" (grilled meat) in the air. Street taqueros are always evolving and discovering new flavours but a great taco rocks with distinct tastes, layers of flavour and textures; The taste of a soft corn tortilla, salty cheese, juicy, delicious fillings all topped off with a bright explosion of freshly made salsa unites everything to make the perfect taco.

This is a great dairy, wheat and gluten free taco recipe but remember a taco can be made with whatever you want, just use your imagination and have fun.

LEMON GARLIC CHICKEN TACO WITH TEQUILA



Makes 12 small tacos.

INGREDIENTS

- 4 large boneless chicken thighs
- 1 teaspoon olive oil
- Salt
- 1 large garlic clove, minced
- 1 small Serrano chile, minced
- Fresh-ground black pepper
- ½ lemon & ½ lime
- 1½ teaspoon blanco tequila
- 2 tablespoon chopped cilantro (coriander)
- 12 small corn tortillas, warmed
- Shredded lettuce
- 1 avocado, diced, sprinkled with salt

Preheat cast iron sauté pan over medium heat. Toss chicken with oil and cook until done. When chicken is cooked, slice thinly and place in a bowl. Toss chicken with the garlic, chile, pinch of salt and pepper. Squeeze the lime & lemon juice over chicken, add tequila and stir in cilantro. Serve wrapped in the warm tortillas with lettuce and avocado.

EAT IMMEDIATELY.

UPCOMING DUNDRUM EVENTS

- ★ **FRI SEPTEMBER 9TH** – "Confessions of a Shopaholic"
8pm at Dundrum Movies. Complete with Goody bags and bubbly.
40 Free tickets, simply email fashion@dundrum.ie for your chance to win
- ★ **SEPTEMBER 9TH TO 11TH** - **The Fashion Fugitive**, a fashion treasure hunt will take place throughout the Centre. **Follow clues online** – www.facebook.com/dundrumtc
- ★ **SAT / SUN SEPT 10TH / 11TH** - **From 9am to 7pm**, Beauty spot on Level 1 outside House of Fraser. Indulge in complimentary mini beauty treatments from Dundrum's beauty buffs.
- ★ **SAT / SUN SEPT 10TH / 11TH** - **Style Counsel hits the shops**. The Dundrum Style Counsel stylists are taking to the malls! Find them in various stores over the weekend dispensing free invaluable style advice.

MEET OUR STARS!

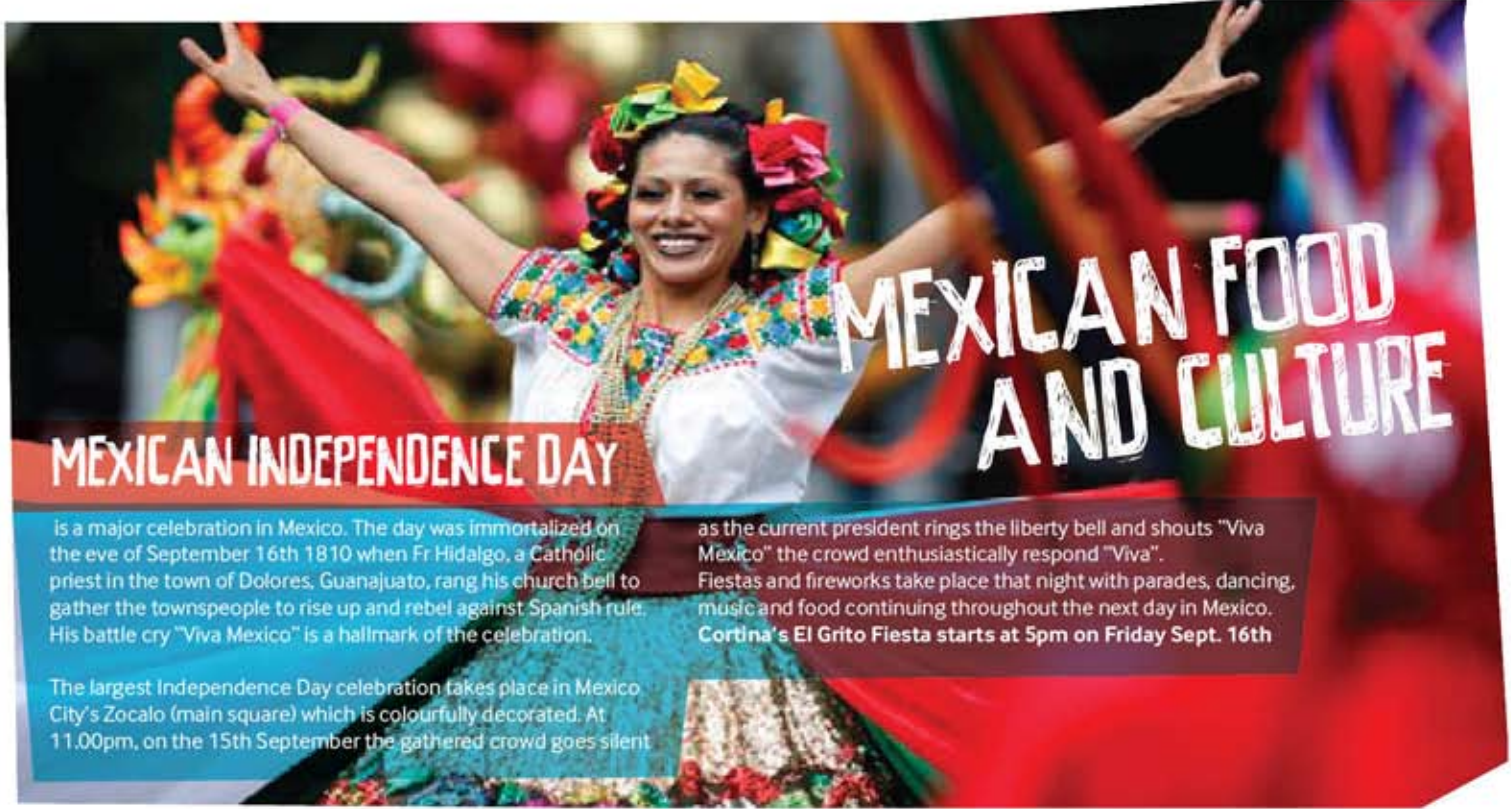
Gabor joined Cortina's in April 2010. He is originally from Hungary....

Cortina's First Wedding!

The staff and friends of Cortina's would like to congratulate Gabor and Anita who got married in Hungary on July 23rd 2011.

Gabor met Anita 10 years ago in Hungary, both moved to Ireland in 2009 to learn english, work hard and embrace all things Irish.





MEXICAN FOOD AND CULTURE

MEXICAN INDEPENDENCE DAY

is a major celebration in Mexico. The day was immortalized on the eve of September 16th 1810 when Fr Hidalgo, a Catholic priest in the town of Dolores, Guanajuato, rang his church bell to gather the townspeople to rise up and rebel against Spanish rule. His battle cry "Viva Mexico" is a hallmark of the celebration.

The largest Independence Day celebration takes place in Mexico City's Zocalo (main square) which is colourfully decorated. At 11.00pm, on the 15th September the gathered crowd goes silent

as the current president rings the liberty bell and shouts "Viva Mexico" the crowd enthusiastically respond "Viva". Fiestas and fireworks take place that night with parades, dancing, music and food continuing throughout the next day in Mexico. Cortina's El Grito Fiesta starts at 5pm on Friday Sept. 16th

CORTINA'S BEER NIGHT

CERVEZA





WHAT IS COOKING AT CORTINAS?

Cortina's Weekend Brunch Menu

Sat/Sun: 12.00 – 4.00pm

Try our house favourite

"Huevos Rancheros" eggs and

chilies – *the perfect hangover cure.*

CORTINAS SIESTA MENU

Enjoy a Botanas (Mexican tapas) with a side order and Soda (unlimited free refills)

Just €9.95 - Mon – Fri: 12.00-6pm

TRY OUR WHEAT FREE, DAIRY FREE & GLUTEN FREE MENUS

KIDS MENU

FREE Unlimited Soda and FREE ice cream with every meal

MEXICAN HOMEMADE ICE POPS ... PALETAS

MARGARITA POPS

MOJITO POPS

MANGO CHILE POPS

LIP SMACKINGLY GOOD!

CORTINAS DRINK OF THE MONTH



L.A. CETTO, PETITE SIRAH

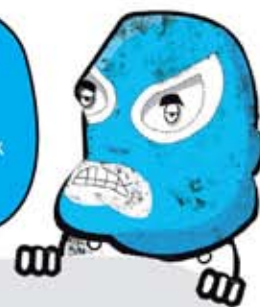
L.A. Cetto in the Calafia Valley is one of the largest wine producers of the Norte Region in Mexico. The Petite Sirah won Silver in the Tasters Guild 2009 Award. This is a full bodied red wine that tastes dry and fruity with overtones of vanilla. Perfect with red meats, sauces and flavorful cheese.

"Great with black bean dishes, steak and cheese enchiladas" Natalie Maclean

WHAT PEOPLE ARE SAYING ABOUT US!



We really liked Cortina's in Dundrum Town Centre, with its friendly staff; they do great cocktails and have dairy-free, wheat-free and coeliac menus. Plus, their salsa and tortilla chip starters (€4.50) offered free unlimited refills, of which we availed liberally. We really liked the vibe here - Lucinda O'Sullivan, Food and Drink Critic, Sunday Independent Aug. 2011. Check out the full review on our Facebook page or www.independent.ie



PERFECT GIFT!

TREAT YOUR FAMILY OR FRIENDS TO A CORTINAS GIFT CARD. **THE PERFECT GIFT!**

WANT TO HOST AN EVENT OR BIRTHDAY PARTY?

CUSTOMISED FOOD AND PARTY PACKAGES AVAILABLE.

CONTACT SEAN ON 01 2164668

WHAT HAPPENS IN CORTINAS STAYS IN CORTINAS

Pembroke District, Dundrum Town Centre, D16

T: 01 2164668, E: info@cortinas.ie

Web: Cortinas.ie

Follow us on Twitter/Facebook

Hours: Sun-Thur 12 – 10pm Fri- Sat 12 – 11pm